



Beating Hearts: Expressions of Life (Paperback)

By Ph D Michael R Catanzaro, Michael R Catanzaro Ph D

America Star Books, United States, 2010. Paperback. Book Condition: New. 218 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.This book of poems expresses reactions to experiences that unleash emotions, ranging from childlike observations to disturbing revelations of a mind destroyed by despair. The poems tug at heartstrings on their journey of discovery that recognizes the need to express one's innermost thoughts, while realizing the futility of the effort, similar to spent energy that is neither created nor destroyed. They simply exist and are converted into new energy like tears, laughter, sadness, or joy. The poetical effect creates new meaning as the poems are reshaped by readers into a new frame of reference that reflects their personal experiences, emotions, and reactions. This new energy that allows them to put into words what was difficult to express may cause a person's heart to beat faster.



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