



## Pregnancy Motherhood: A Survival Guide: An Honest and Fun Perspective on the Miracle (and Anxiety, Sleeplessness and Total Life-Disrupting Insanity) of Having a Baby (Paperback)

By Amanda Lattavo Berkeley

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book offers a real-life look and learned insights from two mothers raising a combined gaggle of five daughters. It walks you through the real effect of common pregnancy symptoms, how to prepare for a baby (a thorough list of what you MUST HAVE vs. Nice to Haves is provided) experiencing and surviving labor delivery and then - what do you do when you take that baby home?! Sample schedules, do's and don'ts and filtering advice from others provide answers to many questions new moms have but aren't sure where to find the answers. The book is written with humor and affection from both of the authors' experiences and provides tips and hints that they wish they would have known when they started down the path of motherhood. The book is in partnership with their blog, //2mamabears.com, which offers daily insight on motherhood, pregnancy, balancing life and style and surviving it all with a bit of grace and the occasional sip of wine.



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