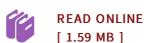




## If Your Adolescent Has an Anxiety Disorder: An Essential Resource for Parents (Paperback)

By Professor of Clinical Psychology in Psychiatry Edna B Foa PhD, Linda Wasmer Andrews

Oxford University Press Inc, United States, 2006. Paperback. Book Condition: New. 203 x 140 mm. Language: English. Brand New Book. An in-depth look at prevalent anxiety disorders in adolescents, this book is designed for parents of teens who have recently been diagnosed with or who are at risk for developing such a disorder. It is also for other adults, such as teachers and guidance counsellors, who are regularly in contact with at-risk adolescents. The book combines scientific expertise - including information about available treatments and up-to-date research findings on anxiety disorders-with the practical wisdom of parents who have raised teenagers with these illnesses. In clear and accessible language, Dr Edna B. Foa and Linda Wasmer Andrews explain in detail each of the four major anxiety disorders (social anxiety disorder, generalized anxiety disorder, obsessive-compulsive disorder, and post-traumatic stress disorder). The book includes tips on how to go about getting a diagnosis, what a diagnosis means, when and where to get treatment, and how to navigate the health care system. There is also advice on how to handle everyday life - both at home and at school - once the teen is diagnosed. Pointers on red flags to look out for...



## Reviews

It is straightforward in read through better to fully grasp. I really could comprehended everything out of this composed e publication. Your way of life period will likely be transform when you full reading this article publication.

-- Merl Jaskolski II

The very best book i at any time read. It generally does not price an excessive amount of. I discovered this publication from my dad and i recommended this book to understand.

-- Joesph Hettinger