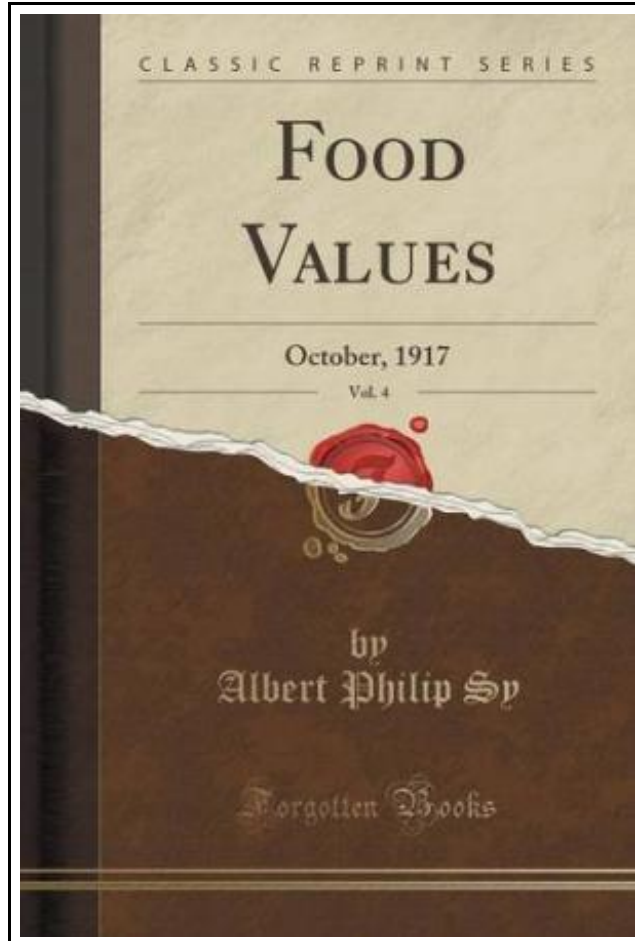


## Food Values, Vol. 4: October, 1917 (Classic Reprint) (Paperback)



Filesize: 6.1 MB

### ***Reviews***

*A must buy book if you need to adding benefit. It is rally intriguing throgh reading time period. I am pleased to tell you that here is the very best book i actually have study in my very own lifestyle and may be he finest ebook for at any time.*

*(Ms. Lora West Jr.)*

## FOOD VALUES, VOL. 4: OCTOBER, 1917 (CLASSIC REPRINT) (PAPERBACK)

[DOWNLOAD](#)

To read **Food Values, Vol. 4: October, 1917 (Classic Reprint) (Paperback)** eBook, remember to click the link under and save the document or have access to additional information which might be related to **FOOD VALUES, VOL. 4: OCTOBER, 1917 (CLASSIC REPRINT) (PAPERBACK)** ebook.

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Excerpt from Food Values, Vol. 4: October, 1917 In the narrower sense of the term food value refers to heat - or energy-equivalent of proteins, carbohydrates or fats or mixtures of these in food materials. In the following pages a much broader meaning is given to this term. The amount of heat, measured in calories, that may be obtained by burning a food is only a part of the story of foods. It is an erroneous but still quite prevalent practice to discuss and compare foods on a basis of chemical composition from which calories are calculated. While the composition of a food is perhaps its most important feature, there are many other properties that must be carefully considered before we can estimate the true and complete value of a food. To some people the value of a food is closely related to its flavor only; food is good and valuable if it tastes good. Others judge food on a dollar and cents basis; to them expensive food is synonymous with good food. Still others do not connect value in any sense of the word with foods; sometimes they eat and think, but most of the time they simply eat. The word values is used in the plural, so that in the following discussion there may be included the different factors which make a food valuable and desirable. Without the proper flavor a food would be little better than a medicine. Flavor makes food appetizing, and palatability is one of its first requisites. The difference in price as well as digestibility is often due to flavor. Choice cuts of meats, certain kinds of fish Flavor or fowl,...



[Read Food Values, Vol. 4: October, 1917 \(Classic Reprint\) \(Paperback\) Online](#)



[Download PDF Food Values, Vol. 4: October, 1917 \(Classic Reprint\) \(Paperback\)](#)



[Download ePub Food Values, Vol. 4: October, 1917 \(Classic Reprint\) \(Paperback\)](#)

## Related Books



**[PDF] History of the Town of Sutton Massachusetts from 1704 to 1876 (Paperback)**

Access the link below to get "History of the Town of Sutton Massachusetts from 1704 to 1876 (Paperback)" file.

[Save eBook »](#)



**[PDF] Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook (Paperback)**

Access the link below to get "Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook (Paperback)" file.

[Save eBook »](#)



**[PDF] Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online (Paperback)**

Access the link below to get "Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online (Paperback)" file.

[Save eBook »](#)



**[PDF] No Friends?: How to Make Friends Fast and Keep Them (Paperback)**

Access the link below to get "No Friends?: How to Make Friends Fast and Keep Them (Paperback)" file.

[Save eBook »](#)



**[PDF] Never Invite an Alligator to Lunch! (Paperback)**

Access the link below to get "Never Invite an Alligator to Lunch! (Paperback)" file.

[Save eBook »](#)



**[PDF] To Thine Own Self (Paperback)**

Access the link below to get "To Thine Own Self (Paperback)" file.

[Save eBook »](#)



**[PDF] The Diary of a Goose Girl (Illustrated Edition) (Dodo Press) (Paperback)**

Follow the hyperlink beneath to get "The Diary of a Goose Girl (Illustrated Edition) (Dodo Press) (Paperback)" PDF file.

[Download eBook »](#)



**[PDF] Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home (Paperback)**

Follow the hyperlink beneath to get "Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home (Paperback)" PDF file.

[Download eBook »](#)



**[PDF] Marm Lisa (Dodo Press) (Paperback)**

Follow the hyperlink beneath to get "Marm Lisa (Dodo Press) (Paperback)" PDF file.

[Download eBook »](#)



**[PDF] Penelope s Postscripts (Dodo Press) (Paperback)**

Follow the hyperlink beneath to get "Penelope s Postscripts (Dodo Press) (Paperback)" PDF file.

[Download eBook »](#)



**[PDF] Valley Forge: The History and Legacy of the Most Famous Military Camp of the Revolutionary War (Paperback)**

Follow the hyperlink beneath to get "Valley Forge: The History and Legacy of the Most Famous Military Camp of the Revolutionary War (Paperback)" PDF file.

[Download eBook »](#)



**[PDF] Chicken Licken - Read it Yourself with Ladybird: Level 2 (Paperback)**

Follow the hyperlink beneath to get "Chicken Licken - Read it Yourself with Ladybird: Level 2 (Paperback)" PDF file.

[Download eBook »](#)